

**Teachers Name: Leah Queen**

**Title: Dice Dash**

Ark. framework	Grade level	Warm up activity (stretch, run/walk, stations)	Assessment
2.3.3 Practice group games with appropriate equipment within boundaries	3rd	Group Warm-up *Tabata	Observation Self-assessment
Instructional Target Outcome (Big Idea)			
Students will correctly preform specific motor and locomotor skills during high-intensity and low-intensity exercises to earn sticks.			
Classroom Activity Directions/			
<p>The class will be divided up into 5 groups of 4 kids per group. Each group will be assigned to a specific color hula-hoop. In each hula-hoop there will be four different colors of foam dice (one for each team member) as well as a bucket to collect their sticks. In the middle of the gym there will be a big pile a sticks. All around the gym there will be task cards with a pile of sticks under them. The task cards will be numbered one through five to match the numbers on the dice. When the game starts each team member at the same time will roll his or her dice. The people who have rolled the three lowest numbers will all run to their designated task card on the wall and perform the task given. Once they perform the task they will take one stick back to their bucket. The person who rolls the highest number will then run to the center circle and roll their dice. Whatever number they roll is how many sticks they will win for their team. Once everyone is back at their hula-hoop, the team will again roll their dice at the same time and repeat the process. The goal is to get the most sticks, and the team with the most sticks wins the game.</p>			
Ties to Literacy	Specific Vocabulary		Essential Questioning
<p>Reading and reacting: After rolling the dice students will read task cards and perform different exercises.</p>	<ul style="list-style-type: none"> <li>• Locomotor Skills</li> <li>• Motor Skills</li> <li>• Collect</li> </ul>		<p>Ask what is the difference between high intensity and low intensity? Ask, why is it important to work as a team? Ask, can anyone tell me what happens to your heart rate when you exercise?</p>
Resources, Materials and Visuals		HOT	
<p>Sticks Buckets Task cards Mini dice Hula hoops</p>		<p>Students will roll their dice and perform exercises to earn sticks for their team to try and win the game.</p>	